



Active Men's Multi 30 Tablets

NUTRA-LIFE ACTIVE MEN'S MULTI - is a comprehensive multi-vitamin, and multi-herbal supplement formulated with anti-oxidants and men's herbs to help meet the needs of an active lifestyle.

NUTRA-LIFE ACTIVE MEN'S MULTI - is formulated without iron to compensate for men's reduced needs of this mineral. This product also includes special herbs, including damiana, Siberian Ginseng and Korean Ginseng.

NUTRA-LIFE ACTIVE MEN'S MULTI - also includes, Pumpkin seed and added Zinc, an important mineral for men's health, which function as an antioxidant and minerals including Selenium, Iodine, Potassium Chromium, Magnesium, Manganese.

Active Women's Multi 30 Tablets

NUTRA-LIFE ACTIVE WOMEN'S MULTI - is a multivitamin supplement formulated for the special needs of active women as a general tonic to provide the vitamins, minerals and herbs required when the Diet is inadequate.

Beneficial for: • Maintaining a healthy female sex drive • Supporting hormonal balance
• Assisting with stamina to the reproductive system.

Key and Unique Features:

- Comprehensive, one-a-day multi + antioxidants that supplies a dietary top up for women who may be too busy to eat as well they'd like to.
- Contains high-strength B vitamins, plus Ginseng, to support women's energy levels.
- Also contains extra iron to help replace the iron that women lose during Menstruation.

Appetite Suppressant 30 Tablets

Nutra-Fibre - is a natural dietary fibre complex derived from four fibres: Guar Gum, Oat Husk, Pectin and Psyllium, providing soluble and insoluble fibres.

Nutra-Fibre - Assist your weight control program. If you are trying to lose weight.

Nutra-Fibre - Tablet are formulated to help, but take care in avoiding excessively high calorie foods and follow a medically sound calorie controll diet to assist your weight reduction.

Memory Plus Brahmi 6000 complex 30 tablets

Famed in Indian Ayurvedic medicine, as Brahmi, the herb Bacopa has been used extensively for the management of stress, the relief of nervous tension and mild anxiety and as an aid to wellbeing for more than thirty centuries by scholars, monks and herbalists. It is one of the most frequently used herbs in Kampo, Japanese traditional medicine. The Bacopa extract used in **MEMORY PULS BRAHMI 6000 COMPLEX** provides 6g (6000mg) of the whole plant. It is standardized to ensure the correct levels of the important bacosides together, with the non-vitamin ingredients in this formula. Brahmi helps to relieve nervous tension stress, and mild anxiety, and is beneficial during periods of the mental and physical stress associated with study and work and as an aid to peak performance. Included in this formula is Ginkgo biloba, to help maintain peripheral circulation to the head, hands and feet plus vitamin and minerals cofactors, including magnesium, Zinc and Vitamin B6 plus the amino acid Glutamine.

Real Me Dong Quai 1500 complex 30 tablets

NUTRA-LIFE DONG QUAI 1500 COMPLEX - is a special combination of herbs formulated with dong quai, Chaste tree, Wild Yam, St John's Wort (Hypericum) and Garden Sage to help bring relief in menopausal Complaints and also aid in the relief of muscular cramps and spasms associated with premenstrual symptoms. It may also help to relieve nervous tension, stress and mild anxiety and aids in the maintenance or improvement of general wellbeing. St John's Wort affects the way many prescription medicines work, including the oral contraceptive pill.

Fatigue Fighter 30 tablets

NUTRA-LIFE FATIGUE FIGHTER - contains powerful herbs that have a long history of use in maintaining stamina and endurance and helping to overcome the effect of physical fatigue, low immunity, mental and physical Burnout associated with stress intense exercise, a demanding workload, lack of sleep or busy family lives. Provides the combined benefits of Siberian Ginseng for energy, Withania for nervous exhaustion, and Astragalus to help maintain immune function during periods of prolonged stress. This formula also provides anti-oxidant protection against the damaging effects of free radicals, Schizandra and Citrus bioflavanoids.

Joint Care 30 tablets

NUTRA-LIFE JOINT CARE - Provide a scientifically based combination of Glucosamine nutrients including copper, Manganese Zinc, Selenium. As part of the ageing process, the body's levels of these nutrients can decline, resulting in joint discomfort and reduced mobility. Studies show that supplementing with appropriate levels of Glucosamine Sulfate can help to maintain healthy joint Cartilage and lubrication, and assist joint function and mobility.

Liver Guard 30 tablets

NUTRA-LIFE LIVER GUARD - is a high potency standardized Milk Thistle liver tonic, including herbs traditionally used in the treatment of digestive disorders. When liver function is increased, digestion and overall wellbeing is improved. Also includes Dandelion, Globe Artichoke, Astragalus, Boldo and Taurine. When taken regularly, provides a comprehensive nutritional support formula for liver health.

Slim Me 30 tablets

NUTRA-LIFE SLIM ME - recommends, can assist weight loss, help burn fat and curb your appetite. This research showed reduction in the body weight is greater than diet and exercise alone, when combined with a calorie controlled eating plan and exercise program. Maintaining a healthy body weight may have other health benefits; on heart health, circulation, better energy levels, improved sleeping patterns, REDUCE blood fat and cholesterol levels

Superfat Mobiliser 30 tablets

NUTRA-LIFE SUPERFAT MOBILISER - provide lipotropic agents (Choline Bitartrate, Inositol, and Methionine) to mobilise dietary fat, plus Levocarnitine, an essential transporter of fat in to the mitochondria of the cell where energy is released. Idea for body builders as part of their 'cutting up' routine